

HIGH SCHOOL BOWLING-COACHES TIPS

COMMUNICATIONS:

1. Let your bowlers know what you expect.
2. Let them know how you will be picking the team
3. Let them know how you pick your starters each week

PHILOSOPHY:

1. Focus should be on team achievement never individual
2. The worst bowler is as important as the best bowler
3. Everyone is competing on same condition, accept it as a challenge
4. Be positive, embrace the challenge of a difficult lane condition
5. Make changes based on what is best for team not individual

GUIDELINES:

1. Look to future years
2. Try to get all bowlers match time
3. Stress Character & Morals
4. School Representation
5. Teach kids to be thankful
6. Beyond High School Bowling get kids involved in other USBC activities

PRACTICE:

1. Respect the centers & staff, develop[a relationship and work with them
2. When leaving practice make sure your area is clean
3. No cell phones, Ipods or MP3 players allowed during practice or matches
4. Parents need to be away from bowlers area during practice
5. No boyfriends or girlfriends allowed during practice, or matches
6. Need structure & fundamentals during practice; example working on spares

SPORTSMANSHIP:

1. Focus on positive things, be a cheerleader, you should never be negative
2. Just remember if you can't do it at school, you can't do it at bowling

COMMITMENT:

Coaches: after 2 years of coaching should have advance training classes
Classes are available online at Bowl.com

Bowlers: suggested that bowler must attend 2 practices or will not start